

# Your Gear List...What to Bring/What Not to Bring

*"My child was grungy, tired and smiling from ear to ear upon pick-up. He also had about 4 solid hours of stories to tell! Excellent Job Guys! It was perfect!" —Shady Brook Parent*

## Bring It On

Please send appropriate clothing with your child, taking into consideration the weather forecast and the camp activities.

### SUGGESTED PACKING LIST FOR CAMP:

- **WATER BOTTLE (ESSENTIAL)**
- **RAINCOAT/PONCHO (ESSENTIAL)**
- Sleeping bag
- Pillow and cover
- Pajamas
- Underwear (6-8 pair)
- Socks (8-10 pair)
- 1-2 long pants
- 3-4 pairs of shorts
- 3-4 long sleeved shirts
- 3-4 short sleeved shirts
- Light jacket or heavy sweater
- 1 swimsuit
- Sunscreen (SPF 15 min.)
- Hat with visor
- 1 pair of closed-toe shoes
- 1 pair of sandals with ankle strap or water shoes  
(to be used in the water, must stay on)
- Towel & washcloth
- Soap in soap box
- Comb/Brush
- Toothbrush and paste
- Feminine products if necessary
- Mosquito repellent (non-aerosol)
- Flashlight/batteries
- Stamps/cards for writing home
- A great attitude
- Disposable camera with name on it
- Rash Guard/Moisture-wicked T-shirts (optional)

**\*Two Week Campers—please remember to bring enough clothes to last 13 days.**

**\*\* CITs and/or campers attending more than two weeks will have the opportunity to wash clothing after their first two weeks at camp.**

You do not have to spend a lot of money on equipment or clothes. For ideas on where to find appropriate items, or with any questions please contact us at 719.329.7266 or at [campinfo@ppymca.org](mailto:campinfo@ppymca.org).

*"She loved the whole experience! The counselors, the activities and the friends she made there."*  
—Shady Brook Parent

## Packing Pointers

- Send old clothing to camp as your child will be camping out, participating in rugged sports, climbing and hiking through the woods
- Label all of your children's belongings, first name, last initial works well
- Please review the things you are sending with your camper so they know what clothing and personal items are his/hers
- Luggage should be compact and easy to carry (Please do not bring expensive luggage.)
- **Swimwear should be packed on top of the camper's suitcase because campers will be checked for their swimming ability shortly after arrival at camp**
- Please pack items in luggage, backpacks, or duffels, (No plastic bags! They do not hold up for a week.)

## Leave It Be

Camp is a natural setting to retreat from the amenities of electronic technology and to get more in touch with people. Items that are listed below (or other items deemed dangerous or inappropriate) will be confiscated until the end of the session.

Please leave the following items at home:

- radios, walkmans & i-pods
- electronic games
- cellular phones
- hair dryers or curling irons
- firearms or knives (including swiss army's)
- weapons
- alcohol/tobacco
- expensive items/money (store money is deposited at check-in)
- aerosol sprays (including insect repellent and hairspray\*)
- matches/lighters
- animals/pets
- personal foods (unless prearranged for dietary needs)

**\*Canned repellent is not allowed at camp. Insect repellent must be in the form of lotion, wipes, or non-aerosol bottles. aerosol cans become a safety hazard around other children and around the campfire.**

# High Performance...Specialty Camp Items

## Specialty Camps

If you are registered to attend one of our Specialty Camps, please bring the following extra items with you **in addition to the regular items to bring to camp**:

### Art Camp, Drama Camp, Leadership Development Program, Counselor In Training

- favorite camp appropriate costume (*no masks*)
- favorite books or stories to share

### Horsemasters and Advanced Horsemasters

- 1-2 additional pairs of jeans
- western style boots or sturdy shoes with heels

### Rock & Roll

- sleeping bag (*synthetic fill, not cotton or down, must condense to at least 18" x 14"*)
- sleeping pad (*optional – no thicker than one inch*)
- 2 water bottles (*make sure they do not leak*)
- bandanna
- sunglasses and hat with visor



## Lost And Found

We will make every effort to return lost and found items while your camper is at camp. Your camper can do more than anyone to ensure that nothing is lost. **Please mark all items with a permanent marker or laundry label for easy identification.** Lost and Found items will be displayed by the dining hall during check out. Please check them before you leave.

Items found after your child's camp session will be taken to and can be claimed by description at the Camp Shady Brook Administrative office at the Downtown YMCA, located at:

207 North Nevada Ave.  
Colorado Springs, Co 80903  
719.329.7266.

If you discover something is missing upon your return home, please call immediately. The more time that passes, the less likely it will be found.

**Lost and Found items will be held at our Camp Shady Brook office for two weeks after the session ends. At that time, items will be donated to Goodwill.**

**CAMP SHADY BROOK IS NOT RESPONSIBLE FOR LOST, STOLEN, OR DAMAGED PROPERTY. PLEASE DO NOT SEND EXPENSIVE OR VALUABLE ITEMS WITH YOUR CHILD(REN) TO CAMP.**

**"LDP (Leadership Development Program) was a great experience and I really notice a difference in my son even after 2 weeks"**

—Shady Brook Parent